



# GRANT COUNTY SUPERIOR COURT DRUG COURT

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# Participant Handbook



## TABLE OF CONTENTS

INTRODUCTION TO DRUG COURT	4
MISSION STATEMENT	4
PROGRAM DESCRIPTION	5
ELIGIBILITY REQUIREMENTS	6
DRUG COURT RULES	7
THE DRUG COURT TEAM	10
PROGRESS REPORTS	10
DRUG COURT HEARING	11
TREATMENT	12
12-STEP RECOVERY/SUPPORT GROUPS	14
EDUCATIONAL, VOCATIONAL, AND EMPLOYMENT PROGRAMS	15
PHASES OF DRUG COURT (PHASE I)	16
PHASE II	18
PHASE III	20
PHASE IV	22
PAYMENT OF COSTS AND FEES	25
RELATIONSHIPS AMONG PARTICIPANTS	25
CONFIDENTIALITY	26
EQUITY AND INCLUSION	27
INCENTIVES AND SANCTIONS	27
KNOCK AND TALK OFFICER VISITS	28
SEARCH AND ARREST REQUIREMENTS	29
DRUG/URINALYSIS (UA) TESTING	30
MEDICATIONS (PRESCRIPTION/OVER-THE-COUNTER)	31
TERMINATION FROM DRUG COURT	32
DRUG COURT CONTACT INFORMATION	34

## **INTRODUCTION TO DRUG COURT**

Welcome to the Grant County Superior Court Drug Court Program. This program was created to give persons charged with qualifying felonies an opportunity to seriously address their addiction to drugs and alcohol and to live a life in recovery. By choosing to enter the Drug Court Program, you are choosing, perhaps, the best opportunity you will ever have to reclaim and rebuild your life.

This handbook is designed to answer your questions, provide overall information about the program, and explain what will be required of you as a Drug Court Participant. You will be expected to comply with the Drug Court Rules, follow the instructions given in Drug Court by the Judge and comply with the service plan developed for you with your primary counselor and the Drug Court Team.

When you made the decision to enter the program and signed your Drug Court Contract, your life essentially became an “open book.” All aspects of your life, both in and out of the program, will be shared with all members of the Drug Court Team.

We are happy to welcome you into the program and wish you every success in your recovery. Please read this handbook carefully. It is your responsibility to be familiar with all the contents. We encourage you to share this information with your family and friends who support your recovery.

If you have any questions that are not answered in this handbook, please do not hesitate to ask the Case Manager/Program Assistant, your primary counselor, or your Defense Attorney.

## **MISSION STATEMENT**

The mission of the Grant County Drug Court Program is to enhance public safety and break the cycle of drugs/alcohol and criminal behavior by providing evidence-based treatment services, strict judicial supervision, effective drug/alcohol monitoring and holding participants to the highest level of accountability. Participants engage in long-term intensive treatment that results in reduced recidivism, total abstinence from drugs and alcohol, and cost efficient and effective treatment. A team-oriented approach is used to provide you with the opportunity to change your behavior so you can become a responsible and productive member of your family and the community.

## **PROGRAM DESCRIPTION**

The Grant County Superior Court Drug Court Program is a voluntary, individualized, four-phased comprehensive treatment program for adults who have been charged with one or more qualifying felony offenses and who have been unable to stay clean and sober. It is a collaborative effort of the Grant County Superior Court, Prosecuting Attorney's Office, your Defense Attorney, Renew Treatment Agency, and the Grant County Sheriff's office. By working together, we seek to provide a variety of programs and consistent supervision geared toward supporting and helping you to maintain a drug-free life.

Drug Court involves frequent court appearances, strong judicial supervision, random drug testing, frequent, unscheduled home visits by Drug Court Team members and police officers, group and individual drug/alcohol treatment, as well as other needed and assigned programs and services. The court awards incentives for compliant behavior and progress and imposes sanctions for non-compliant behavior. Participants who do not comply with Drug Court Rules and requirements may be jailed, required to complete community service hours, move back to a previous phase, or be subjected to a variety of other sanctions. If sanctions are no longer deemed effective, you may also be terminated from Drug Court. All staff working with Drug Court will assist you to ensure you understand what is expected of you.

Treatment services includes: a detoxification component and inpatient treatment, if needed; referral and monitoring to community resources and services through case management; urinalysis and breathalyzer testing; individual and group counseling; intensive outpatient program; Mental Health services, if needed; Medication-Assisted Treatment, if needed; Moral Reconciliation Therapy (MRT); Seeking Safety; Relapse Prevention; Cognitive Self Change; and weekly attendance at 12-step support meetings (Alcoholic Anonymous and Narcotics Anonymous).

## ELIGIBILITY REQUIREMENTS

Any offense that is a Seriousness Level I, II, or III in which there is an identifiable substance abuse issue that treatment can address. With the approval of the Prosecuting Attorney's Office, followed by a Suitability Screening Interview with the Program Coordinator, except:

- Delivery of a Controlled Substance or Possession with Intent to Deliver a Controlled Substance or Manufacture of a Controlled Substance unless otherwise decided by the prosecutor:
  - Any "Sex Offense"
  - Any Firearm Offense, including Illegal Theft or Possession of a Firearm, or any offense with a firearm enhancement or element
  - Any Domestic Violence Offense
  - Any Residential Burglary \*
  - Any Assault in the 3<sup>rd</sup> Degree\*
- 
- ✓ Must be a resident of Grant County, Washington
  - ✓ Must not have any active warrants from other courts or agencies
  - ✓ Must not have any long-term jail sentences from courts within Grant County, unless another court approves of Drug Court as a concurrent sentence
  - ✓ Must not have any previous failure in a Drug Court Program except withdrawals during the early trial phase
  - ✓ Restitution for the current charge(s) must be at \$2,000 or less, unless you can show the ability to pay the restitution owed or unless other arrangements can be made by the time you sign your Drug Court Contract.

Criminal History: Adult or Juvenile criminal history – Any number or prior misdemeanor convictions or prior felony convictions, except:

- Prior Class A Felony
- Prior Sex Offense
- Prior Firearm Offense, including Illegal Theft or Possession of a Firearm, or any prior offense with a firearm enhancement
- Prior Violent Felony
- Prior Domestic Violence convictions within the past calendar year and with agreement of parties

\*Final eligibility is at the discretion of the Prosecuting Attorney's Office.

## DRUG COURT RULES

1. Be Honest.
2. Become Clean and Sober.
3. Do not use or possess **ANY** illegal drugs, marijuana, alcohol, non-alcoholic beer, Kombucha Tea, Kratom, Spice, Energy Drinks (5-Hour Energy, Rockstar, Monster, Red Bull, just to name a few), Bath Salts, Khat, Molly, DMT, Krokodil, Benzo Fury, BZP, Fly, BDO, Flakka, Gravel, Smiles, etc.
4. Do not take any “Natural” or herbal supplements or remedies, tinctures, or marijuana edibles.
5. Do not use or have any of the following: needles, bongs, pipes, syringes, and any other items used to ingest/administer drugs.
6. When you come to court for your progress review, you **must not** leave the courtroom once court has started. Take care of any personal needs (bathroom, phone calls, smoking, etc.) before entering the courtroom.
7. **DO NOT** bring infants and/or young children to court if there is any chance that they may be disruptive. **DO NOT** bring your children to court if you may be sanctioned to serve some time in jail. Having your child or children there will not delay or change your sanction. If no immediate arrangements can be made for their care, CPS will be called.
8. **BE ON TIME.** Arriving more than 5 minutes late to any scheduled appointments, treatment sessions, activities, and/or court appearances will be treated as “No-Shows” and a sanction will be imposed. In order to avoid a sanction, contact the Program Coordinator or the Case Manager/Program Assistant and ask for prior approval to be late for a drug court related appointment.

- 9.** If you are unable to come to court for your progress review, you must call the Program Coordinator or the Case Manager/Program Assistant by no later than 24 hours prior to the time when court begins. If you need to leave a message, include your name, phone number, and the time you called. This does **not** guarantee you will be excused.
- 10.** You will receive a text message every morning instructing you whether you need to complete a UA at RENEW Treatment Agency within the times listed on your treatment schedule. If you do not receive a text message by 8 am, you must call the Case Manager/Program Assistant by 8:30 am. You must also take a UA if anyone on the Drug Court Team tells you to.
- 11.** Attendance at all treatment sessions is mandatory. Only on rare occasions like if you are in the hospital, jail, or in a car accident may you be excused by the Program Coordinator or the Case Manager/Program Assistant from attending a treatment session.
- 12.** You must not associate with or be in the proximity (like being in a car with someone) of any person(s) who is using or possessing drugs or any alcoholic drinks. You must not enter establishments where the primary items for sale are alcoholic drinks.
- 13.** You must not associate with persons of disreputable or harmful character to include drug/alcohol users, drug dealers, and drug manufacturers.
- 14.** Do not have any kind of intimate and/or sexual relationship with another Drug Court participant.
- 15.** Do not lend, borrow, swap, or sell anything for or with another Drug Court participant.
- 16.** You must live in clean and sober housing; this means the people you live with must be clean and sober too. You must keep the Case Manager/Program Assistant with up to date and accurate information about where and with whom you live: your address, phone number, and information about others living with you.



- 17.** If your address, phone number, employment, or sponsor is going to change, you must fill out a “Change of Circumstance” Form every time there is a change in any of these. The form must be submitted within 72 hours of the change to the Case Manager/Program Assistant.
- 18.** You, your house, your car, and anything you own and possess can be searched at any time.
- 19.** You must not drive any vehicle unless you have a valid driver's license and can show the Case Manager/Program Assistant that you have insurance —these are both required by law.
- 20.** When you come to court for your progress review, the Judge should always be addressed as “Judge” or “Your Honor” and you must stand at the podium in front of the Judge for your progress review.
- 21.** You must adhere to all policies and procedures, rules and regulations ordered by the Court (including all “Conditions of Release”), conditions and requirements listed in the Program Contract, the Participant Handbook, and all other conditions and requirements ordered by the Drug Court Team.
- 22.** Do not leave Grant County without permission from the Drug Court Team.
- 23.** Must live in Grant County.
- 24.** You must obey all laws while participating in the Drug Court Program. You must inform any Law Enforcement Officer who you may come in contact with (for any reason), that you are a participant in the Drug Court Program. You must inform the Case Manager/Program Assistant of any contacts made with a Law Enforcement Officer within 24 hours of the contact.
- 25.** Do not go to headshops, bars, casinos, marijuana dispensaries, vaping businesses, or any other high-risk places.

## **THE DRUG COURT TEAM**

The Drug Court Judge serves as a lead partner of the Drug Court Team and presides over all team staffing and drug court sessions. The Judge will make all final decisions regarding your participation and progress or lack thereof in the Drug Court Program based upon input from the other team members, treatment providers, and other support services personnel. The Drug Court Team consists of the following members:

- Superior Court Judge
- Defense Attorney
- Prosecuting Attorney
- Drug Court Coordinator
- Drug Court Case Manager/Program Assistant
- Primary Treatment Counselor
- Mental Health Specialist
- Law Enforcement Representative

Prior to each Drug Court hearing, the Drug Court Team will meet to review your case and address your program compliance or lack thereof. This includes progress made toward your recovery and in accomplishing the goals written in your Individual Service Plan. The Judge will discuss this directly with you during your Drug Court hearing.

## **PROGRESS REPORT**

Before your Drug Court hearing, the Judge will be given a progress report that will be reviewed with the other team members. The Drug Court Team will discuss the information contained in your progress report, which will include your drug testing results, attendance, participation and cooperation in the treatment program, and compliance with all Drug Court Rules and requirements. The Judge will ask you questions about your progress and discuss any problems you may be having. You will be expected to discuss openly and honestly about how you are progressing in the program overall and about what issues, concerns, or challenges you may be having. If you are doing well in the program, you may be rewarded with incentives. If the team concludes from the information contained in your progress report that you are not making progress or complying with the rules and requirements, the Judge will discuss this with you and a sanction may be imposed.

## **DRUG COURT HEARING**

As a Drug Court Participant, you will be required to appear in Drug Court on a regular basis. The number of times you must appear depends upon the phase of drug court you are currently in and the level of your success in the program. Failure to appear will result in a bench warrant being issued for your arrest and being put in jail until you appear before the court. If you have questions about your court appearances you may contact the Drug Court Coordinator, the Case Manager/Program Assistant, or your attorney.

**Progress Reviews/Court Sessions:** Court begins on Wednesday at 10:30 AM in the Juvenile Courtroom located at 303 Abel Rd in Ephrata. Court ends when the Judge declares the docket to be concluded. An important part of Drug Court participation is attendance and attention for the entire duration of court sessions unless specifically excused by the court. You are responsible for arranging other obligations and plans to accommodate your attendance on time at your drug court sessions.

While Drug Court is more informal than other court proceedings, participants still need to be concerned with their courtroom behavior: The following behavior during court sessions will **not** be tolerated:

**Talking:** Although Drug Court sessions tend to be more informal than other court proceedings, you are still in a courtroom and are expected to conduct yourself accordingly. This means you must not engage in side-talking or visiting with others and movement in and out of the courtroom is not allowed during Drug Court sessions.

**Attire, food and cell phones in the courtroom:** Appropriate clothing must be worn to court. This means the following are prohibited: exposed midriffs; shorts of any kind; hats; skirts or dresses with hemlines higher than 3 inches above the knee; tank tops; halters or muscle shirts; sheer, see through, or mesh fabrics; clothing that refers to obscenity, alcohol, drugs, gang signs, or sex in any form; shirts or tops with plunging or revealing necklines; and sunglasses. If you are not dressed appropriately, you will be asked to leave and/or a sanction may be imposed for a dress code violation. *Food, including gum, drinks, and powered cell phones or pagers are not permitted in the courtroom.*

## **TREATMENT**

### **Assessment/Intake and Initial Individualized Service Plan**

Treatment services are comprised of the following:

- Individual counseling
- Group counseling (Moral Reconciliation Therapy, Cognitive Self Change, Seeking Safety, Intensive Outpatient Program, Relapse Prevention, etc.)

### **Moral Reconciliation Therapy (MRT)**

- MRT is a highly structured cognitive-behavior treatment model that focuses on changing your thinking (beliefs) and behaviors that lead to problems of drug and alcohol abuse, relationship difficulties, and negative (crime-related) lifestyles.
- MRT is designed specifically for individuals in the criminal justice system to focus on the moral aspects of their substance use disorder as well as the social consequences that may be associated with using drugs and alcohol.

### **Cognitive Self Change (CSC)**

- CSC is a structured cognitive behavioral therapy model that will help you to identify the thinking that drives your behavior.
- Assists with changing your thinking and therefore changing your behavior; what you think has a controlling effect on how you act; what you think controls what you do in your life.
- All change is self-change; by changing your thinking you can change your life.

### **Seeking Safety (SS)**

- Seeking Safety is an evidence-based, cognitive-behavioral model that is a present-focused treatment for participants with a history of trauma and substance use.
- Seeking Safety focuses on coping skills and psychoeducation with safety as the primary goal: safety in relationships, thinking, behavior, and emotions.

### **Gorski: Relapse Prevention with Chemically-Dependent Criminal Offenders**

- Gorski breaks down the recovery process into specific tasks and skills that will show you how to recognize when you are beginning to relapse and what to do before using drugs/alcohol again.
- Teaches new ways to identify and manage your relapse warning signs and how to avoid high risk situations.

**You will need written approval from your primary counselor and the Drug Court Team to change any aspect of your treatment schedule. TREATMENT MUST COME FIRST!**

If you need to miss a treatment session, you must:

- Complete a “Request to Miss Treatment” Form and submit to your primary counselor at least one week in advance unless it’s an emergency so the Program Coordinator and your Primary Counselor can review and approve or deny your request.
- Must attach written documentation to support your request.
- If you are sick and want to be excused from a treatment session, you must **call and speak** to your primary counselor or Program Coordinator prior to the start time of your treatment session. You will be required to provide a Doctor’s note. Your primary counselor or the Program Coordinator will excuse you from your treatment session if he/she determines that you are too ill to attend.
- If you need to reschedule an individual treatment session you must notify your primary counselor at least 24 hours in advance. It is your responsibility to reschedule the session with your counselor within this timeframe. Failure to do so will count as a missed session and a sanction will be imposed.

A “No Show” for any treatment session or appointment will result in a sanction.

## **12-STEP RECOVERY/SUPPORT GROUPS**

You are required to attend 12-step recovery/support groups/meetings every week. You must attend each of these meetings on separate days each week. You must stay and attend the entire meeting. This means that you must attend the required number of meetings for each phase within every 7 days or within one court review to the next and not on the day you go to court. You may choose to attend more than 1 meeting on any given day, which may be very helpful and supportive for your recovery. However, attending more than 1 meeting on the same day will only be counted as 1 meeting by the court.

You can attend any type of Recovery/Support Groups in addition to Alcoholics and Narcotics Anonymous such as: Gambler's Anonymous, Grief Support, Overeater's Anonymous, etc.

When attending a 12-step meeting, **only the chairperson for that meeting** shall sign your 12-step form. When attending a meeting that you or another Drug Court participant may be chairing, you must have someone else sign your attendance form. If you are not sure if the chairperson is a participant, you must ask them before having your form signed. If another participant signs your form, that meeting will not count towards your required number of weekly meetings. You will be held responsible for making sure the date, name of the group and location are accurately written on your attendance forms.

You must use only the Drug Court Program attendance form for all meetings. Signed meetings that are brought to court on napkins, matchbook covers, or torn pieces of paper will not be accepted, and you will not receive credit for attending those meetings. They will all be counted as missed meetings and the appropriate sanction(s) will be imposed.

You are also required to find a 12-step sponsor (**same-gender person**). A sponsor is someone who has at least 1 year "clean and sober" and is living his/her life in recovery. Your sponsor is the person who will be there to support you and help you to "work the steps" of the 12-step program. He/she also helps you develop a level of trust and learn how to create healthy social bonds with other recovering addicts.

## **EDUCATIONAL, VOCATIONAL, AND EMPLOYMENT PROGRAMS**

Recovery from substance addiction means developing self-sufficiency and becoming a responsible and accountable person who contributes to the community. Prior to graduation from the Drug Court, you will be expected to obtain your GED or High School Diploma, be employed, and/or involved in further education or a vocational training program. You will be assisted in obtaining an assessment of your needs and skills and will be referred to the proper agencies for education, training, and job placement. If you are eligible, you will be assisted in learning about and applying for school loans, grants, or other financial assistance.

The Drug Court Program defines full-time employment as a minimum of 32 hours per week in a “W-2, tax-paying” job and part-time as 20 - 31 hours per week. Going to school on a full-time basis requires you to be registered, enrolled and attending classes for a minimum of 12 credits per quarter and part-time requires you to be registered, enrolled and attending classes for a minimum of 5 credits per quarter. If you are going to school, you must submit a copy of your school registration to the Case Manager/Program Assistant at the beginning of each quarter and must also submit a copy of your grades at the end of each quarter. If this documentation is not submitted, then going to school will not meet this requirement. If you are going to school, you must attend school year-round, including the Summer Quarter. If you choose not to go to school during any quarter, you must obtain employment within 2 weeks of the quarter end date. You must obtain and maintain at a minimum, a 2.0 GPA per quarter for school to meet this requirement (which is also a financial aid requirement). If at any time, you are placed on academic probation, withdraw from a class, or if any other changes occur, you must inform the Case Manager/Program Assistant immediately in writing.

Homemaker Status **must** be approved by the Case Manager/ Program Assistant for it to meet the employment requirements of the program. In order to meet the employment requirements, your Homemaker status must meet one of the following conditions:

1. You must submit documentation showing that your Significant Other is working at a “W-2 tax-paying” job that supports the family without any financial assistance from the state and that you have children who are not in school full-time; or
2. If you are on TANF you must be going to school and/or working 20 hours per week. You may not use your participation in Drug Court to meet the TANF requirement.

If you receive any other state assistance for your Homemaker status, you must obtain employment and/or go to school and work with DSHS to obtain assistance with day care.

## PHASES OF DRUG COURT

<b>PHASE I</b>	
<b>Key Concept:</b>	<p>Orientation, Assessment, Engagement and Stabilization</p> <p>Average Length: 3 – 4 Months</p> <p>In Phase I, your primary counselor with your input, will complete your Initial Individualized Service Plan, you will become stabilized, and will begin to learn some recovery concepts that you can use throughout the program.</p>
<b>Mandatory Clean Time:</b>	Remain drug and alcohol free for a minimum of 30 consecutive days prior to advancing to Phase II.
<b>Requirements:</b>	<ul style="list-style-type: none"> <li>• Substance Use Disorder Assessment</li> <li>• Develop Initial Individualized Service Plan</li> <li>• Intensive Outpatient Program (IOP) – 3x per week</li> <li>• Individual Counseling Sessions – 1x per month</li> <li>• Complete MRT: “Thinking for Good” – 1x per week</li> <li>• Contact your Recovery Navigator - Weekly</li> <li>• Attend Drug Court Progress Reviews - Weekly</li> <li>• UA/BA Testing – UA samples will be observed and randomly tested throughout the entire program</li> <li>• Attend recovery support groups at least 3x per week</li> <li>• Bring your signed recovery support group slip to Case Manager/Program Assistant the day prior to your court hearing</li> <li>• Meet with Case Manager/Program Assistant – Weekly</li> <li>• Obtain/maintain a same-gender 12-Step Sponsor – have weekly contact</li> </ul>



<p><b>Advancement:</b></p>	<p><b>To Advance to Phase II, the Following Must Occur:</b></p> <ul style="list-style-type: none"> <li>✓ Must be in full compliance and have no program violations for a minimum of 15 consecutive days prior to advancing</li> <li>✓ Obtained/maintained a stable/verifiable address for at least 4 weeks prior to advancing</li> <li>✓ Obtained/maintained having a 12-Step Sponsor (same gender) for at least 4 weeks prior to advancing</li> <li>✓ If you already have a H.S. Diploma or GED, submit a copy to the Case Manager/Program Assistant</li> <li>✓ If you have a job and/or are going to school – submit copy of paystubs or grades to Case Manager/Program Assistant</li> <li>✓ Complete Application for Completion of Phase I. Must be approved, signed, and dated by your primary counselor. Must submit form to the Case Manager/Program Assistant</li> </ul>
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<b>PHASE II</b>	
<b>Key Concept:</b>	<p>Intensive Counseling and Treatment Services</p> <p>Average Length: 5 – 8 Months</p> <p>During Phase II, the intensity of the program services increases, and counseling sessions focus on more in-depth problem areas and on skill building.</p>
<b>Mandatory Clean Time:</b>	Remain drug and alcohol free for a minimum of 45 consecutive days (75 total days) prior to advancing to Phase III.
<b>Requirements:</b>	<ul style="list-style-type: none"> <li>• Review/Update Individualized Service Plan</li> <li>• Intensive Outpatient Program (IOP) – 3x per week</li> <li>• Complete MRT: “How to Escape Your Prison” – 1x per week</li> <li>• Individual Counseling Sessions – 1x per month</li> <li>• Cognitive Self-Change/Process Group</li> <li>• Seeking Safety Group – 1x per week</li> <li>• Contact your Recovery Navigator - Weekly</li> <li>• Attend Drug Court Progress reviews – Every other week</li> <li>• UA/BA Testing – UA samples will be observed and randomly tested throughout the entire program</li> <li>• Attend recovery support groups at least 3x per week</li> <li>• Bring your signed recovery support group slip to Case Manager/Program Assistant the day prior to your court hearing</li> <li>• Meet with Case Manager/Program Assistant – Every other week</li> <li>• Obtain/maintain a same-gender 12-Step Sponsor – have weekly contact</li> </ul>

	<ul style="list-style-type: none"> <li>• Payment of program fees - \$300 for Phase II</li> <li>• Find a full-time job or enroll in school full-time or half-time employed and half-time in school</li> <li>• If you do not have a H.S. Diploma or GED – Must complete the GED orientation and take all the pre-tests or take/pass at least 1 GED test</li> <li>• Develop a plan with the Case Manager/Program Assistant for making restitution payments, if applicable and make payments according to your plan</li> </ul>
<b>Advancement:</b>	<p><b>To Advance to Phase III, the Following Must Occur:</b></p> <ul style="list-style-type: none"> <li>✓ Must be in full compliance and have no program violations for a minimum of 30 consecutive days prior to advancing</li> <li>✓ Obtained/maintained a stable/verifiable address for at least 4 weeks prior to advancing</li> <li>✓ Be current in the payment of program fees 1 week prior to advancing</li> <li>✓ Obtained/maintained having a 12-Step Sponsor (same gender) for at least 4 weeks prior to advancing</li> <li>✓ Submit a copy of your H.S. Diploma or GED or written verification that you have taken 1 GED tests and passed – to the Case Manager/Program Assistant – 1 week prior to advancing</li> <li>✓ Submit copies of full-time job paystubs, full-time school grades or half-time job paystubs, half-time school grades</li> <li>✓ Complete Application for Completion of Phase II. Must be approved, signed and dated by your primary counselor. Must submit form to the Case Manager/Program Assistant 1 week prior to advancing</li> </ul>

**PHASE III**

<b>Key Concept:</b>	Application of Recovery Related Skills; Preparation for Transitioning Average Length: 4 – 8 Months  During Phase III, you will focus on applying and enhancing your recovery with relapse prevention skills, developing self-sufficiency, and maintaining abstinence
<b>Mandatory Clean Time:</b>	Remain drug and alcohol free for a minimum of 45 consecutive days (120 days total) prior to advancing to Phase IV.
<b>Requirements:</b>	<ul style="list-style-type: none"><li>• Review/Update Individualized Service Plan</li><li>• Individual Counseling Sessions – 1x per month</li><li>• Complete MRT: “Staying Quit” – 1x per week</li><li>• Cognitive Self-Change/Process Group</li><li>• Enhancement Group: Gorski Relapse Prevention; Complete MRT Step 14 (Volunteer Work), Step 15 (Mentoring), MRT Step 16 (Personality and Inner Self); “Inside/Outside Box” – 1x per week</li><li>• Contact your Recovery Navigator – Every other week</li><li>• Attend Drug Court Progress Reviews – Every third week</li><li>• UA/BA Testing – UA samples will be observed and randomly tested throughout the entire program</li><li>• Attend recovery support groups at least 2x per week</li><li>• Bring your signed recovery support group slip to Case Manager/Program Assistant the day prior to your court hearing</li><li>• Meet with Case Manager/Program Assistant – Every other week</li><li>• Obtain/maintain a same-gender 12-Step Sponsor – have weekly contact</li></ul>

	<ul style="list-style-type: none"> <li>• Pass all 5 GED tests, if applicable</li> <li>• Submit copies of your W-2, tax-paying full-time job or grades from full-time school, or half-time job and half-time school – immediately when you get paid</li> <li>• Payment of program fees - \$300 for Phase III</li> <li>• Make restitution payments according to the plan developed with the Case Manager/Program Assistant, if applicable</li> </ul>
<p><b>Advancement:</b></p>	<p><b>To Advance to Phase IV, the Following Must Occur:</b></p> <ul style="list-style-type: none"> <li>✓ Must be in full compliance and have no program violations for a minimum of 45 consecutive days prior to advancing</li> <li>✓ Be current in the payment of program fees</li> <li>✓ Obtained/maintained a stable/verifiable address for at least 4 weeks prior to advancing</li> <li>✓ Obtained/maintained having a same-gender 12-Step Sponsor for at least 4 weeks prior to advancing</li> <li>✓ Submit copy of H.S. Diploma or GED</li> <li>✓ Current in restitution payments according to your plan, if applicable</li> <li>✓ Complete Application for Completion of Phase III. Must be approved, signed, and dated by your primary counselor. Must submit form to the Case Manager/Program Assistant 1 week prior to advancing</li> </ul>

**PHASE IV**

<b>Key Concept:</b>	Maintenance, Monitoring and Reintegration Average Length: 4 Months  During Phase IV, you will demonstrate consistency in your responsibilities and behavior and show that you can manage and cope with situations while relying more on yourself and community support for maintaining abstinence.
<b>Mandatory Clean Time:</b>	Remain drug and alcohol free for a minimum of 60 consecutive days (180 total days) prior to advancing to graduation.
<b>Requirements:</b>	<ul style="list-style-type: none"><li>• Review/Update Individualized Service Plan</li><li>• Individual Counseling Sessions – 1x per month</li><li>• Cognitive Self Change/Process Group</li><li>• Complete “Positives and Negatives List” and “Lifemap” – present in Cognitive Self Change/Process Group</li><li>• Complete a Personal Recovery Plan – with your primary counselor – present in Cognitive Self Change/Process Group</li><li>• Complete a Continuing Care Plan with primary counselor</li><li>• Contact your Recovery Navigator – 1x per month</li><li>• Attend Drug Court Progress Reviews – 1x per month</li><li>• UA/BA Testing – UA samples will be observed and randomly tested throughout the entire program</li><li>• Attend recovery support groups at least 2x per week</li><li>• Bring your signed recovery support group slip to Case Manager/Program Assistant the day prior to your court hearing</li><li>• Obtain/maintain a same-gender 12-Step Sponsor – have weekly contact</li></ul>

	<ul style="list-style-type: none"> <li>• Payment of program fees - \$300 for Phase IV</li> <li>• Make restitution payments according to the plan developed with the Case Manager/Program Assistant, if applicable</li> <li>• Write/Type letter to arresting and Knock and Talk Officers inviting them to your graduation – get details from your primary counselor</li> <li>• Write your graduation speech – get details from your primary counselor</li> </ul>
<b>Advancement:</b>	<p><b>To Advance to Graduation, the Following Must Occur:</b></p> <ul style="list-style-type: none"> <li>✓ Must be in full compliance and have no program violations for a minimum of 60 consecutive days prior to advancing</li> <li>✓ Share “Lifemap” with Judge during court progress review – at least 2 weeks prior to your graduation date</li> <li>✓ Obtained/maintained a stable/verifiable address for 4 weeks prior to your graduation date</li> <li>✓ Obtained/maintained having a same-gender 12-Step Sponsor for at least 4 weeks prior to your graduation date</li> <li>✓ Submit a copy of your Continuing Care plan to the Case Manager/Program Assistant – 2 weeks prior to your graduation date</li> <li>✓ Complete all recommendations of treatment</li> <li>✓ Submit copy of Personal Recovery Plan to Case Manager/Program Assistant – 2 weeks prior to your graduation date</li> <li>✓ Submit Arresting-and Knock &amp; Talk Officer letters to Case Manager/Program Assistant to be mailed – 2 weeks prior to your graduation date</li> </ul>

	<ul style="list-style-type: none"><li>✓ Complete the Drug Court Exit Interview with the Program Coordinator – 2 weeks prior to your graduation date</li><li>✓ Submit copies of your W-2, tax-paying job paystubs, school grades, or a combination of both to the Case Manager/Program Assistant – verifying 6 continuous, unbroken months during the 6 months prior to your graduation date</li><li>✓ Paid all restitution and/or court fees in full, if applicable – no later than 2 weeks prior to your graduation date</li><li>✓ Graduation speech must be written/typed and approved by primary counselor – submit a copy to the Case Manager/Program Assistant 2 weeks prior to your graduation date</li><li>✓ Review the completion of all program and graduation requirements with the Case Manager/Program Assistant – 2 weeks prior to your graduation date</li><li>✓ Complete Application for Completion of Phase IV. -Must be approved, signed, and dated by your primary counselor. Must submit form to the Case Manager/Program Assistant – 2 weeks prior to your graduation date</li></ul>
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## **PAYMENT OF COSTS AND FEES**

In drug court, you will be required to pay the following:

1. Full restitution for the pending charge(s) against you, if applicable;
2. The cost of positive/dilute drug tests based on the cost of the drug tests; and
3. The drug court participation fee - \$900

All payments must be made with **Cash or Check** at the Grant County Clerk's Office. Payments are not to be mailed or paid online. When you make your payment, you will get a receipt. You must give your receipt to the Case Manager/Program Assistant so a copy could be made for your Drug Court file, and you will keep the original.

All fees must be paid in full prior to graduation. If you are terminated from Drug Court, any participant fees will not be refunded and all restitution, costs, and fees required by the court and Drug Court will be included in the legal financial obligations ordered in your judgment and sentence if you are found guilty of your pending charge(s).

## **RELATIONSHIPS AMONG PARTICIPANTS**

Your participation in Drug Court will require you to work on some very personal and emotional issues to develop a focus on your program. Romantic or intimate relationships with other current Drug Court Participants are not consistent with that work and focus. Relationships with other participants are not allowed while you are in Drug Court. There is a zero-tolerance policy regarding such relationships. Also, financial relationships or transactions between participants, for example, lending/borrowing money, paying for goods or services or owning property together, are also prohibited. If it is determined that you are involved in an intimate relationship or one that includes a financial transaction of any kind, a sanction will be imposed to both of you and the Judge may take other action that is deemed appropriate.

## **CONFIDENTIALITY**

All members of the Drug Court Team must hold in strict confidence information discussed during team meetings, treatment sessions, and other program related activities. No test results or statements made by you during drug court activities shall be admissible against you in any prosecution other than in drug court program proceedings.

Under federal law, information regarding substance use treatment is protected by the provisions of a United States Code and the regulations implementing these laws. Federal confidentiality regulations (42 CFR Part 2) prohibit the release of information about participants in substance use treatment without a written consent from the individual. Drug Court Programs may receive or release information or records of participants only with knowingly, voluntarily, and written consent of the participant. Therefore, you will be required to sign an “Authorization and Consent for Disclosure of Confidential Substance Use Information” form. The consent form must include: participant’s name, specific name of the program or person permitted to make the disclosure, name of the program or person to which disclosure is to be made, how much and what kind of information is to be disclosed, the purpose of the disclosure, a statement that the consent is subject to revocation at any time, date upon which the consent will expire, participant’s signature, and the date on which consent is signed.

The consent allows confidential substance use information to be disclosed only to the Drug Court Team members and the information will be used solely for the purpose of monitoring your progress in treatment and, when necessary, determining appropriate changes in your treatment or other program requirements or appropriate incentives or sanctions.

## **EQUITY AND INCLUSION**

People who have historically experienced discrimination or reduced opportunities because of their race, ethnicity, gender, sexual orientation, sexual identity, physical or mental disability, religion, or socioeconomic status will receive the same opportunities as other individuals to participate and succeed in the Grant County Drug Court Program. Eligibility criteria for drug court shall be nondiscriminatory in intent and impact; program completion rates will be at rates as for other participants; the same levels of care and quality of treatment will be the same as for other participants with comparable clinical needs; incentives and sanctions will be issued as for other participants with comparable achievements or violations; and legal dispositions shall be the same as for other participants for completing or failing to complete the drug court program.

## **INCENTIVES AND SANCTIONS**

Incentives may be awarded by the Judge, following input and recommendations from the Drug Court Team, when you comply with Drug Court Rules and requirements and demonstrate progress. Incentives may include, but are not limited to:

- Verbal praise by the Drug Court Judge
- Sobriety Coins, gift certificates, phone cards, movie tickets, haircuts
- “Fish Bowl” to select during your court review – a candy bar, toiletries, GTA bus tickets, coffee certificate, a credit of \$10 towards your program fee

Sanctions may be imposed by the Drug Court Judge, following input and recommendations from the Drug Court Team, when you do not comply with Drug Court Rules and requirements and/or do not demonstrate progress. Sanctions that may be imposed may include, but are not limited to:

- Verbal reprimands by the Drug Court Judge
- Writing assignments
- Community Service Hours
- Loss of clean and sober time
- Jail time
- Termination from the program for repeated non-compliance

## **KNOCK AND TALK OFFICER VISITS**

A Law Enforcement Officer will be given a physical description of you, your address, phone number(s), the name of other person(s) living in your home, your relationship to them, and a copy of your signed Drug Court Contract. The assigned Officer/Deputy will be responsible for making at least one (1) random in-home contact with you each month and will submit a written report to the Drug Court Team with positive and/or negative information regarding the visit.

When your “Knock and Talk” Officer goes to your home on a random basis, you must allow him/her to enter. He/she will spend approximately 15-20 minutes talking with you about your participation in the program. The Officer/Deputy is interested in learning about how you are doing in the program, which phase you are in, what you are getting out of the program, which parts of the program have the most/least value for you and what are some of the challenges that you are dealing with. The Officer/Deputy is there to support you in your recovery in the program, and to offer their assistance with any problems that you may be having, if they are able to do so.

You may not be at home when the Officer/Deputy arrives. If you are gone, he/she will leave their business card so you can contact them. You **must** call the Officer/Deputy within 24 hours of their visit by calling the number on their card. When you call, make sure to identify yourself by name, indicate that you are in the Drug Court Program and leave your phone number so he/she can return your call.

## **SEARCH AND ARREST REQUIREMENTS**

As a Grant County Drug Court Participant, you are required to submit your person, property, vehicle(s), place of residence and/or personal effects to search and seizure of drugs, alcohol, or any other contraband at any time of the day or night, with or without a search warrant, upon a reasonable suspicion, based on articulated facts, by the Drug Court Team or by any law enforcement officer, that you are violating Drug Court Rules or orders. Any evidence found will be used as the basis for a new charge(s) against you especially if the evidence relates to a class A felony, a violent felony, or a sex offense. Situations will be reviewed on a case-by-case basis.

Any law enforcement officer is authorized to arrest a Drug Court Participant whom the officer observes to be violating Drug Court Rules by:

- Violating any criminal law punishable by incarceration
- Ingesting a controlled substance, including marijuana, or alcohol
- Being under the influence of a controlled substance, including marijuana, or alcohol
- Possessing alcohol or drug paraphernalia

Participants who are arrested will appear before a Judge or Court Commissioner the next court day following arrest and will be required to appear at the next drug court session.

## DRUG/URINALYSIS (UA) TESTING

You will be required to submit to random and directly observed UA testing throughout the entire Drug Court Program. You may also be required to submit to, and pay for, additional drug screens as a condition of being allowed to travel outside Grant County or excused from other Drug Court requirements. Your initial baseline UA test is provided when you have your intake and assessment process with your assigned primary counselor or UA tech. Every test shall be directly observed and monitored by a same-sex employee at the RENEW Treatment Agency or UA tech.

Before providing your urine sample you will first hang up any coats, jackets, hoodies and purses. Then, you will thoroughly wash and dry your hands and then you will be ready to provide your urine sample. After you have provided a sample, you will be asked to place a security seal on the sample container and initial and date the seal in front of staff.

If you submit a urine sample that comes back with results showing that the sample was adulterated (i.e. something was added to the urine sample) or diluted (i.e. you drank a lot of water beforehand), your UA result will be considered as positive, you will lose your clean and sober time and a sanction will be imposed. Diluted samples can be avoided by carefully taking the following steps:

- *Eat food within 30 to 60 minutes before submitting a sample.*
- *Do NOT consume large quantities (20 ounces or more) of any liquid within 60 minutes of submitting a sample.*
- *Avoid all foods, beverages, and medications that contain any alcohol.*
- *Avoid certain over-the-counter medications, all vitamins and/or supplements containing Creatine and certain prescribed medications.*
- *Avoid all foods containing poppy seeds (muffins/breads) as they can result in a positive test for opiates.*

You are responsible for reading the ingredients listed on the labels of everything you put into your body. Claiming that you did not know what was contained in an item will not be an acceptable excuse if your UA test result is positive.

Your UA test result will also be considered positive, and a sanction will be imposed if:

- Your UA test shows a positive result for any drug and/or alcohol after the test has been confirmed by the lab;
- Your UA test result showed that you had a low Creatinine level (20 mgs. or less – normal levels are in the 100’s and low 200’s);
- Your UA test result showed that it was adulterated or falsified in any way;
- You did not show up for your UA test;
- You refused to provide a sample;
- You claimed that you were unable to provide a sample within the designated UA timeframe.

If you have a positive UA test result, the Drug Court Team and your primary counselor will be informed immediately. You will be contacted by the Case Manager/Program Assistant and be told to appear at the very next court progress review even if it is not your regularly scheduled court review.

### **MEDICATIONS (PRESCRIPTION/OVER-THE-COUNTER)**

If you are taking medication(s) prescribed by your doctor(s), you must strictly follow this Medication Policy. When medication is prescribed, you must do the following:

- Inform your healthcare provider that you are a drug addict and/or alcoholic. Tell them all the drugs that you have used and if you have ever used needles.
- Tell your healthcare providers that you are in the Drug Court Program.
- Tell your healthcare providers if you are taking any medication-assisted treatment and tell them exactly what you are taking.
- Have your healthcare provider(s) complete a Physician’s Medication Wavier Form and submit it to the Case Manager/Program Assistant on the same day or by the next business day.
- Ask your healthcare provider to prescribe alternative medications to: Sedatives, Benzodiazepines, Narcotics, Stimulants, Some Antihistamines, Decongestants, some Antidepressants, Muscle Relaxants, Major/Minor Tranquilizers, and certain over-the-counter medications.

If your health care provider(s) determines that you must take any of the above medications in order to effectively treat your illness, you must do the following:

- Sign a consent form for “Release of Medical Information” with your health care provider(s) and Case Manager/Program Assistant, so they can communicate with each other to verify and discuss the information.
- Bring written documentation about your medical condition on letterhead paper from your doctor to the Case Manager/Program Assistant. The paper must be signed and dated by your doctor with a statement about your diagnosis and the plan for the duration of your treatment.
- Provide the name(s) and phone number(s) of your healthcare provider(s) to the Case Manager/Program Assistant.
- All prescriptions/over-the-counter medications must have prior approval from the Case Manager/Program Assistant before getting the prescription filled and before taking the OTC’s.

Reminder (over-the-counter medications): When you buy over-the-counter medication(s), make sure you read and understand the labels. If you have any doubt(s) about the contents, talk to pharmacist, or the Program Assistant/Case Manager, BEFORE making your purchase. This will save you money and your clean time!

Your body is solely YOUR responsibility. You, and only you, are responsible for everything that goes into your body and everything that leaves your body. Therefore, each and every time that you submit a UA sample, YOU are responsible for the test results.

### **TERMINATION FROM DRUG COURT**

If treatment options and sanctions imposed have been exhausted and you are no longer working toward recovery, your participation in the program may be terminated. Factors to be considered in determining whether or not you meet the criteria for termination will include input and recommendations from the Drug Court Team and may include, but are not necessarily limited to, one or more of the following:



- Commission and/or conviction of a new criminal offense
- Absconding (run away) from the program
- Repetitive positive UA test results; tampering with UA tests
- Repetitive non-compliance with program rules, requirements, program contract, participant handbook, conditions of release
- Lack of attendance at treatment sessions, appointments
- Lack of participation in treatment and failure to make progress
- Distributing drugs and/or driving under the influence
- Unwilling to be honest and having no more treatment options to provide
- Concern for public safety
- Threat to the integrity of the program
- Threatening, abusive, or violent behavior and/or threats or acts involving violence towards others
- Any other reasons the Team determines for recommending termination

If the Drug Court Team recommends that you be terminated from the program, you will be informed of this decision by the Judge during your next court review. You will meet with the Drug Court Defense Attorney to discuss your options. If you deny the allegations, you will have an Evidentiary Hearing where you can call witnesses to testify on your behalf, you can cross-examine any witnesses that testify against you, and if you so request, a fact-finding hearing will be held to determine whether your participation in Drug Court should be terminated. The Drug Court Judge will decide whether you violated the rules of the program. If the Judge determines that you should be terminated from the program, the Drug Court Prosecuting Attorney will file a motion to terminate you. You will have a chance to talk directly to the Drug Court Judge and Team during your scheduled termination hearing and you will be represented by the Drug Court Defense Attorney.

If terminated, you will appear before the court for a bench trial-which will be based solely on the police reports that you stipulated to when you entered Drug Court.

## **DRUG COURT CONTACT INFORMATION**

### **DRUG COURT**

Grant County Superior Court  
303 Abel Rd.  
P.O. Box 37  
Ephrata, WA 98823

Phone: 509-754-2011 ext. 4111  
Fax: 509-297-7915  
Email: drugcourt@grantcountywa.gov

### **Drug Court Team Phone #s**

Tifini Fairbanks, Drug Court Coordinator	509-754-2011 ext. 4112
Jamie Mullenix, Case Manager/Program Assistant	509-754-2011 ext. 4114
Office of Public Defense	509-754-6027
RENEW Treatment Agency	509-765-9239

## **IN CLOSING**

**Participating in the Grant County Drug Court Program is a personal choice.  
It requires commitment from the participant and their support system.**

**FINAL RESPONSIBILITY TO BE  
SUCCESSFUL IN THE DRUG COURT PROGRAM  
BELONGS TO YOU!**