



Work-Life Services

Today's workforce is inundated with competing demands; our busy schedules do not allow us the time to do all that we need or want to do. APS recognizes the high demand for services to help make your life easier and has enhanced our standard EAP offerings with additional work-life services.

Effective November 1, 2011 your EAP program will include Child and Adult Care and Convenience Services. Employees calling the EAP may now receive resources and referrals for the following topics or issues of assistance. Please note this is not an all-inclusive list.

If you have any questions, or need additional information, please do not hesitate to call.

PARENTING

- Healthy Pregnancy
- Maternity Leave
- Lifestyle Change
- Adoption
- Au Pair Agencies
- Child Care Centers
- Special Needs Care
- Blended Families
- Bedtime Routines
- Raising Teenagers

EDUCATION

- Alternative Schools
- Home Schooling
- Private Schools
- Tutors
- Special Needs Schools
- Colleges & Universities
- Continuing Education
- SAT Preparation
- Second Career Options
- Trade Schools

ADULT/ELDERCARE

- Health and Wellness
- Adult Education
- Leisure Time Pursuits/Volunteerism
- Adult Day Care
- Independent/Assisted Living
- Medicare/Medicaid
- Community/Transportation Services

DAILY LIVING (CONVENIENCE)

- Apartment Locators
- Consumer Comparisons
- Emergency Services
- Home Repair
- Pet Obedience Training
- Pet Sitters
- Moving/Relocation Services
- Entertainment Services
- Chore services/House Cleaners

HEALTH AND WELLNESS

- Physician Searches
- Alternative Medicine
- Chronic Condition Support
- Diet & Nutrition Programs
- Fitness Centers
- Safety Programs
- Men's/Women's Health Resources
- Children's/Senior Health Resources

*Your Work Life & Employee Assistance Program (EAP) can assist you in creating solutions that will allow you to be healthier, happier, and more productive. Your EAP is available at no cost to you, your dependents and household members **24 hours a day/365 days per year.***